



## **Welcome to Cincinnati Children's Diabetes Center Day Hospital (two consecutive day visits)**

Cincinnati Children's Hospital Medical Center's (CCHMC) Diabetes Center is dedicated to providing the highest level of comprehensive care for your child. The purpose of attending our Day Hospital program is to teach you how to safely care for yourself/your child's diabetes. During the Day Hospital visits, we will help you understand diabetes, how to use insulin, and how to incorporate the care for you/your child at home. Our providers and education team look forward to helping you on this journey!

### **What is Diabetes?**

Diabetes is a chronic illness. With proper care and treatment, your child will live a healthy and active life. Diabetes occurs when the body does not have enough insulin or is not able to use insulin properly. In most cases, treatment **must** include daily insulin injections. There is nothing that you could have done to prevent your child from being diagnosed with diabetes.

- ***Please read the following suggestions before coming to the day hospital visit:***
  - **The legal guardian must always come with their child to the Day Hospital. We will be reviewing important information on your child's care.**
  - **Make sure the patient drinks plenty of water or sugar-free, caffeine-free drinks.**
  - **If vomiting or stomach pain occurs, or you feel your child is getting worse, call your primary care doctor or go to the closest Emergency Department.**
  
- ***Planning for your Day Hospital Appointment:***
  - **We will provide meals for your child. Your child will receive breakfast, lunch, and an afternoon snack. Please do not feed your child breakfast prior to arrival so that blood work can be completed, if needed.**
  - **Legal guardians are expected to bring their own food due to limited time. A microwave and refrigerator are available for your use**
  - **Bring your insurance and prescription cards each day.**
  - **Only the legal guardian(s) receiving education and the patient are permitted to be present for appointments. However, for younger patients, another adult or older child may come to stay with the patient while you are getting education in a separate room.**
  - **Think about bringing some toys or games to keep your child occupied while you receive education. There is a TV and a limited movie selection in their room.**
  - **Please limit cell phone use during your education sessions so we can cover all the information during the time you are there.**
  - **Please plan for your childcare and employment needs. We can provide you with school and work excuses if needed.**



## Location and Parking

- The Day Hospital is in the A building at the main campus of Cincinnati Children's Hospital Medical Center (CCHMC) 3333 Burnet Avenue.
- Park in the A or B section of the visitor parking garage. You may also use our valet service – follow the signs once you enter our driveway.

## Registration

You must register in the Test Referral Center each day you come. The Test Referral Center is in location A on the 1<sup>st</sup> floor near the Welcome Center Desk. If you have questions about your check in location, call the Test Referral Center at 513-636-4277.

## What to Expect at Day Hospital Visits One and Two:

### Daily Schedule

7:30 am	Register in the Test Referral Center and a staff member will escort you to the Day Hospital, located on the <b>7<sup>th</sup></b> floor of the <b>Location A</b> .
8:00-10:00 am	Complete check in process with medical team, meet the doctors, eat breakfast**, participate in medical rounds.
10:00 am-4:00 pm	Attend scheduled appointments each day with the diabetes education team members (nurse educator, dietitian, and social worker).

\*\* Your training will start as soon as you arrive and will continue through mealtimes.

\*\* Remember we will provide meals and snacks for your child. You will need to bring food for the caregivers attending education.

- Education will last until about 4:00 pm. The ending time may vary depending on each family's educational needs. If your child is more ill than expected, they could be admitted overnight.
- During your stay, you will receive:
  - written educational materials that will help you to manage your child's diabetes
  - diabetes supplies that will last you until prescriptions are ready at your pharmacy

## Helpful Resources:

Below is a link that will give you more information on diabetes until we are able to meet with you at Day Hospital. [www.cincinnatichildrens.org/service/d/diabetes/health-information](http://www.cincinnatichildrens.org/service/d/diabetes/health-information)